

**PLEASE PRINT AND MAIL WITH  
PAYMENT BY JUNE 18<sup>th</sup> TO:**

Drew Emrich  
Attn: Driven Camp  
Midland Soccer Club  
901 Soccer Drive  
Midland, MI 48642  
989.835.0895 x102  
drewemrich@midlandsoccerclub.org

**Registration Form**

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Age: \_\_\_\_\_ Gender: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Home phone: \_\_\_\_\_

Parent / Primary Email Address: \_\_\_\_\_

Parent / Guardian Name: \_\_\_\_\_

Phone Number to contact Parent during Camp: \_\_\_\_\_

Emergency Contact Person and Phone Number: \_\_\_\_\_  
\_\_\_\_\_

Allergies/Limitations: \_\_\_\_\_  
\_\_\_\_\_

Family Doctor: \_\_\_\_\_

Phone: \_\_\_\_\_

Player Email: \_\_\_\_\_

**Release Form**

This release is to allow my child to participate in the Driven Pre-Season Training Program. I recognize that my signature on this release is a condition of your permitting my child to participate. I certify that my child is in excellent physical health, and may participate in strenuous and hazardous physical activities, including the soccer to be played at training sessions. I certify that there are no physical limits to my child's participation in the program. Permission is granted for my child to receive emergency medical treatment if needed. I hereby release and discharge Driven Pre-Season Training Program and all their affiliated entities from any and all liability, claims, demands, and causes of action for personal injury, property damage, and/or other loss suffered by my child in connection with his/her participation in the camp. I represent that I am a parent/guardian of the minor named above and I agree that the grant and release contained therein binds the minor and me to all its terms.

Parent / Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Check Number: \_\_\_\_\_

(Checks made out to MSC)

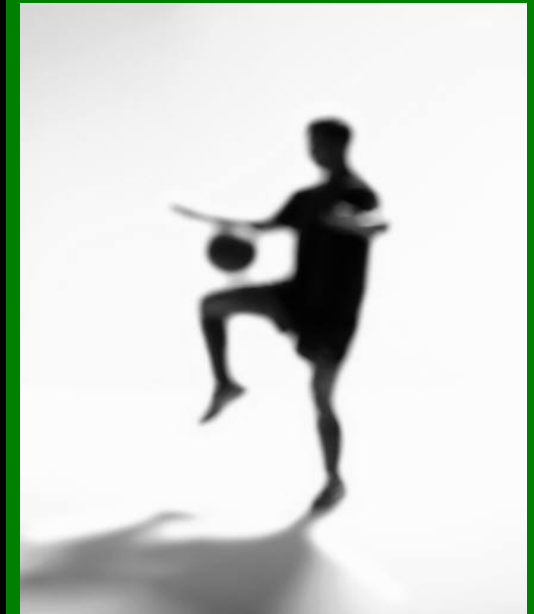


Midland Soccer Club  
901 Soccer Drive  
Midland, MI 48642  
989-832-0895 x102

[drewemrich@midlandsoccerclub.org](mailto:drewemrich@midlandsoccerclub.org)



***DRIVEN  
PRE-SEASON  
SOCCER  
TRAINING***



**SUMMER 2010**

**“READY TO  
WORK”**



'THE MIDLAND SOCCER CLUB COACHING STAFF IS DEDICATED TO PROVIDING PROFESSIONAL TRAINING, THROUGH TEAM AND INDIVIDUAL PLAYER SESSIONS, TO ALL THE MIDLAND SOCCER CLUB MEMBERS. OUR PROFESSIONAL TRAINING PROGRAM STRIVES TO DEVELOP EACH MEMBER'S SOCCER SKILLS, KNOWLEDGE AND LOVE OF THE GAME, WHILE TEACHING IMPORTANT LIFE SKILLS SUCH AS GOOD SPORTSMANSHIP, TEAMWORK, GOAL-SETTING AND FAIR PLAY.'

Driven camp is open to all interested participants and is not limited to Midland Fusion players (or even soccer players).

## *Driven Pre-Season Soccer Training*

Driven Pre-Season Soccer Training is a 5 week summer training program aimed at preparing players for their high school and fall travel seasons. Driven Training welcomes both boys and girls ages 14 – 17 to participate in a program comprised of strength and conditioning and ball skills training.

The Driven Training program is a collection of collegiate pre-season training programs formatted for high school aged players. Players will be given a 5 week strength and conditioning program to follow throughout the summer. Additionally, players will meet 3 times per week, with staff coaches for ball skills training and game simulations. In addition to developing physical condition and ball skills, Driven Training's focus is to develop self-discipline and player leadership through individual work-outs.

Driven Training will offer goalkeeper training as part of the pre-season program. Goalkeeper training will focus on physical training specifically geared towards the goalkeeper position, e.g. flexibility, agility, core strength, footwork. Additionally, the remainder of goalkeeper training is focused on developing and refining the technical aspects of the position.

For more details or questions about the program please contact Drew Emrich:

[drewemrich@midlandsoccerclub.org](mailto:drewemrich@midlandsoccerclub.org) or  
989.835.0895 x102

### **Schedule:**

June 22nd – July 29th, summer 2010  
Tuesdays, Wednesdays and Thursdays  
8:30am – 11am

**June 22-24 T, W, TH**

**July 6-8 T, W, TH**

**July 13-15 T, W, TH**

**July 20-21 T, W, TH**

**July 27-29 T, W, TH**

### **Where:**

Training will take place at the Midland Soccer Club, with additional training sites in the Midland area.

### **Goals of Program:**

Improve and develop player's physical strength, conditioning, self-discipline and leadership needed to succeed at the high school and collegiate levels.

### **Coaching Staff:**

Drew Emrich – Director of Coaching,  
Midland Soccer Club

Kyle Jean – Select Trainer, Midland Soccer Club,  
Head Varsity Boys Coach – Freeland High School

Functional Training Solutions Trainers

### **Cost:**

\$350 for 5 week program;

\$150 for those interested in just the strength and conditioning training.

Private training available at additional cost.

(Checks made out to **MSC**)

